

# Ecotherapy Network Ireland – Practitioners

This list represents a diverse group of practitioners from a broad range of therapeutic traditions, all of whom are committed to an ecologically informed approach to therapy and many work outdoors in natural settings. Our aim is to provide a variety of socially responsible options, in the hope that at least one of them will be helpful to your therapeutic needs. Due to the wide range of approaches available, Ecotherapy Network Ireland does not provide clinical governance and cannot take responsibility for the individual actions of its members. Please undertake due diligence, by checking with the individual practitioner that their therapeutic approach, training and qualifications etc. are appropriate for your needs before you commence working with them.

## Clare



### Joanne Hanrahan

**Services:** Psychotherapy | Supervision | Workshops | Training | Somatic Experiencing (SE)

**Location:** Co. Clare

**Practice:** Psychotherapy The Wild Atlantic Way | Training The Wild Atlantic Way

**Website:** [www.joannehanrahan.ie](http://www.joannehanrahan.ie)

**Email:** [joannepsychotherapy@gmail.com](mailto:joannepsychotherapy@gmail.com)

**Tel:** 087 7133737



### Margaret Curran

**Services:** Psychotherapy | Counselling

**Location:** Flaggmount Co. Clare

**Practice:** Art Therapy

**Website:** [www.margaretcurrenarttherapy.ie](http://www.margaretcurrenarttherapy.ie)

**Email:** [info@margaretcurrenarttherapy.ie](mailto:info@margaretcurrenarttherapy.ie)

**Tel:** 087 1338218

## Cork



### Matthew Henson

**Services:** Psychotherapy | Counselling | Workshops | Training

**Location:** Kinsale, Co. Cork

**Practice:** Matthew Henson Psychotherapy

**Website:** [www.matthewhenson.ie](http://www.matthewhenson.ie)

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**Tel:** 087 3580709



### Graham Gill-Emerson

**Services:** Services: Counselling | Psychotherapy | Walk & Talk Therapy in Green & Blue Spaces | Clinical Supervision

**Location:** Bandon, Co. Cork

**Practice:** GGE Counselling

**Email:** [grahamemerson.counselling@gmail.com](mailto:grahamemerson.counselling@gmail.com)

**Tel:** 087 0931487

## Donegal



### Michaela Mc Daid

**Services:** Training | Workshops | Peer Support | Speaking | Writing

**Location:** Co. Donegal

**Practice:** Michaela Mc Daid Ecotherapy

**Website:** [www.michaelamcdaidecotherapy.com](http://www.michaelamcdaidecotherapy.com)

**Email:** [michaela.ecotherapy@gmail.com](mailto:michaela.ecotherapy@gmail.com)

**Tel:** 083 0176264

## Dublin



### Margaret Brady

**Services:** Counselling | Psychotherapy | Spiritual Companionship

**Location:** Dublin 6 | Online

**Practice:** Margaret Brady Psychotherapy & Soul Care

**Website:** [www.margaretbrady.ie](http://www.margaretbrady.ie)

**Email:** [info@margaretbrady.ie](mailto:info@margaretbrady.ie)

**Tel:** 086 7397213



### Chris Rankin

**Services:** Counselling | Psychotherapy | Training

**Location:** Phoenix Park, Dublin

**Practice:** Nádúrtha Psychotherapy

**Email:** [ccounsellingpsychotherapy@gmail.com](mailto:ccounsellingpsychotherapy@gmail.com)

**Tel:** 089 6021224

## Galway



### Ruairí Osborne

**Services:** Couples Therapy | Psychotherapy | Counselling | Workshops

**Location:** Galway | Online

**Practice:** Nature-based Psychotherapy

**Website:** [www.naturebasedpsychotherapy.ie](http://www.naturebasedpsychotherapy.ie)

**Email:** [info@naturebasedpsychotherapy.ie](mailto:info@naturebasedpsychotherapy.ie)

## Fermanagh



### Robbie Breadon

**Services:** Psychotherapy | Body Psychotherapy | Individual & Group Ecotherapy

**Location:** Co. Fermanagh

**Practice:** Robbie Breadon psychotherapy & Common Ground N.I.

**Website:** [www.commongroundni.org](http://www.commongroundni.org)

**Email:** [ecorobbie3@gmail.com](mailto:ecorobbie3@gmail.com)

**Tel:** +44 779 1052472

## Kilkenny



### April Bergin

**Services:** Counselling | Psychotherapy

**Location:** Kilkenny

**Practice:** April Bergin Counselling & Psychotherapy

**Website:** [www.aprilbergin.com](http://www.aprilbergin.com)

**Email:** [aprilbergincounselling@gmail.com](mailto:aprilbergincounselling@gmail.com)

**Tel:** 087 9684940

## Limerick



### Helena Gleeson

**Services:** Group & Individual Eco/Art Therapy & workshops

**Location:** Co. Limerick

**Practice:** Private Practice

**Email:** [ecoarttherapywithhelena@gmail.com](mailto:ecoarttherapywithhelena@gmail.com)

**Tel:** 087 2631697

## Roscommon



### Marianne Fallon

**Services:** Workshops | Training | Positive Psychology & Wellbeing | Positive Ageing | Ecopsychology | Life Coaching

**Location:** Roscommon | Longford | Leitrim

**Practice:** Lorica Consulting Ltd.

**Email:** [fallonm7@tcd.ie](mailto:fallonm7@tcd.ie)

**Tel:** 087 0554602

## Sligo



### Therese O'Driscoll

**Services:** Psychotherapy | Supervision | Embodied, Embedded & Emergent Somatic Practices | Training | Workshops

**Location:** Co. Sligo

**Practice:** Therese O' Driscoll at An Talamh

**Website:** [www.thereseodriscoll.ie](http://www.thereseodriscoll.ie)

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**Tel:** 087 2712000

### Anna Mulvihill



**Services:** Art Psychotherapy | Eco Art Therapy | Counselling | Workshops

**Location:** Sligo | Leitrim | Donegal

**Practice:** Sligo Art Psychotherapy Centre

**Website:** [www.sligoartpsychotherapy.com](http://www.sligoartpsychotherapy.com)

**Email:** [annaarttherapy@gmail.com](mailto:annaarttherapy@gmail.com)

**Tel:** 086 0747249

## Tipperary



### Alex Koster

**Services:** Mindfulness Rooted Ecotherapy (MRE) | Mindful Nature Pedagogy (MNP)  
Online Training & Consultation  
**Location:** Co. Tipperary  
**Practice:** Roots and Wings  
**Website:** [www.rootsandwings.ie](http://www.rootsandwings.ie)  
**Email:** [alex@rootsandwings.ie](mailto:alex@rootsandwings.ie)  
**Tel:** 086 1736103

## Wexford



### Bernadette Deacon

**Services:** Sea Therapy | Walk & Talk Therapy | Counselling | Psychotherapy |  
Spiritual Guidance | Workshops | Retreats | Wellness Programmes  
**Location:** Co. Wexford  
**Practice:** Heart Sanctuary Ireland  
**Website:** [www.heartsanctuaryireland.com](http://www.heartsanctuaryireland.com)  
**Email:** [heartsanctuaryireland@gmail.com](mailto:heartsanctuaryireland@gmail.com)  
**Tel:** 086 8397778

## Wicklow



### Anna Fiona Keogh

**Services:** Dance Movement Psychotherapy | Workshops  
**Location:** Greystones Health & Wellbeing Centre, Burnaby Buildings, Church Road,  
Greystones, Co. Wicklow  
**Practice:** Moving the Moment  
**Website:** [www.movingthemoment.ie](http://www.movingthemoment.ie)  
**Email:** [anna@movingthemoment.ie](mailto:anna@movingthemoment.ie)  
**Tel:** 087 2598151

## Nationwide



### EarthWorks (Áilbhe Ní hEidhin)

**Services:** Counselling | Psychotherapy  
**Location:** Nationwide  
**Practice:** EarthWorks  
**Website:** [www.iacat.ie/member\\_txt/earthworks](http://www.iacat.ie/member_txt/earthworks)  
**Email:** [earthworks@protonmail.com](mailto:earthworks@protonmail.com)  
**Tel:** 083 3429023

## International (UK)



### Stephen Palmer PhD

**Services:** Eco-coaching | Ecopsychology Based Research  
**Location:** Kent, England  
**Practice:** International Centre for Ecopsychology  
**Website:** [www.ecopsychology.info](http://www.ecopsychology.info)  
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